



THE AAHV COMMUNICATOR

ASSOCIATION OF ARIZONA HEALTHCARE VOLUNTEERS –SEPTEMBER, 2010

BOARD OF DIRECTORS - 2010

SKIP SIMES – PRESIDENT

1297 E. Manor Drive
Casa Grande, AZ 85122
520-560-4444

a.simes@cox.net

Casa Grande Regional Medical Center

BRENDA PICCONE – PRESIDENT-ELECT

7202 N. Avenida de Lisa
Tucson, AZ 85704
520-742-1189

bkpiccone@aol.com

Tucson Medical Center

LEE SWEARENGIN – SECRETARY

196 Carl Hayden Dr.
Sierra Vista, AZ
520-458-5188

leewapiti@aol.com

Sierra Vista Reg. Healthcare Center

IRENE DAILEY – TREASURER

2794 S. Desert Hawk
Tucson, AZ. 85713
520-883-7809

Daileytucson@q.com

Carondelet St. Mary's Hospital

GLENNA SMITH – PAST-PRESIDENT

8257 E. Beverly St.
Tucson, AZ 85710
520-296-4030

geejay33@cox.net

Tucson Medical Center

SKIP SAYS ----

Skip Simes, 2010 AAHV President

Greetings to you and yours,

As August is coming to a close, we are that much closer to our annual Conference. I am hopeful that you will join Laura and I and the many other dedicated volunteers from around the state on October 17 -19 in Prescott, AZ for the 2010 Association of Arizona Healthcare Volunteers Conference.

Since our last newsletter I have had the opportunity to see first-hand from both a patient and loved one's perspective the importance and high impact of the work volunteers do in our hospital. Whether you are staffing the information desk, delivering flowers or are involved with the pet program, it is clear that we volunteers play a major role in the health and healing of our patients.....So accept my heartfelt gratitude.

Thank you for your devoted service and I look forward to seeing you in Prescott.

Sincerely,

Skip

AAHV MISSION STATEMENT

The Association of Arizona Healthcare Volunteers shall advocate for and assist healthcare volunteer organizations, thereby enhancing healthcare volunteerism in the state of Arizona

BOARD COMMITTEE REPORTS **&** **INFORMATIONAL ITEMS OF** **INTEREST**

MEMBERSHIP CHAIRMAN

Donna Fuller, AAHV Membership Chairman

MEMBERSHIP ROSTER AS OF 9/01/10

Carondelet St. Joseph's Hospital Auxiliary - Tucson
Carondelet St. Mary's Hospital Auxiliary -Tucson
Casa Grande Reg. med. Center Auxiliary -Casa Grande
CHW East Valley Vols - Chandler Reg. Med. Center-Chandler
CHW East Valley Vols - Mercy Gilbert Med Center- Gilbert.
Cobre Valley Regional Medical Center Auxiliary- Globe
Copper Queen Community Hosp. Aux. - Bisbee
Flagstaff Med. Center Vol. Services - Flagstaff
Individual Member - Donna Rae Cintora - Phoenix
John C. Lincoln Deer Valley Aux. -Phoenix
John C. Lincoln North Mountain Aux. - Phoenix
Maryvale Hospital Volunteer, Inc. -Phoenix
Mogollon Health Alliance Auxiliary - Payson
Mt. Graham Reg. Medical Center Vol. Services - Safford
Mt. Vista Medical Center, Volunteer Services - Mesa
Northern. Cochise Comm. Hospital Aux.- Willcox
Sierra Vista Reg. Health Center Aux. - Sierra Vista
St. Luke's Service League - Phoenix
Summit Healthcare Vol. Services - Show Low
Tempe St. Luke's Auxiliary - Tempe
Tucson Medical Center Auxiliary - Tucson

President-Elect's Report

Brenda Piccone - AAHV President-Elect - 2010

I can't believe that it is almost time for the 2010 AAHV Conference. It is a special time - one that I have always enjoyed. I love meeting and talking with you and learning about what is going on in your hospitals and auxiliaries/organizations. I hope that you are all making plans to attend.

Our program includes some special people who will demonstrate the various aspects of our theme - LIVE, LAUGH & LEARN.

Jason Schechterle is an inspiration. After serving in the U.S. Air Force, he returned home and accomplished his goal to be a Phoenix Police Officer. A rear end collision and resulting fire changed Jason's life forever. He exemplifies the power of the human spirit and how courage and recovery can live on in challenging times.

Dr. Gulshan Sethi is an accomplished thoracic surgeon and professor of surgery at the University of

Arizona. His interest in integrative medicine led to Laughter Therapy sessions/demonstrations at Tucson Medical Center. Laughter Yoga Clubs founded by Madan Kataria in 1995 in India spread all over the world. Dr. Sethi modified laughter yoga with his preferred term, laughter therapy.

Dr. Palmer "Pal" Evans recently "retired" as Senior Vice President and Chief Medical Officer at Tucson Medical Center in Tucson, AZ. "Retired" is questionable because last I heard he was still finishing some projects. He has been instrumental in TMC's quality improvement efforts, overseen participation in a pilot study of a new health care model called Accountable Care Organization which includes electronic medical records which TMC implemented in June 2010

Joslyn Vaught is a Management/Leadership Development Specialist for Mayo Clinic in Phoenix. She will speak to the need for leaders in our organizations who will motivate others to be their best and promote innovative thinking.

SO, come along to Prescott and together we will Live, Laugh and Learn!

AHA COMMITTEE ON VOLUNTEERS REPORT

Shirley Gould, TMC, Arizona Representative to COV

In my contacts with hospitals throughout the United States, I found some wonderful outreach programs the volunteer organizations are involved in. These projects may give you some ideas to consider in your own communities:

- Supporting a drug and alcohol rehabilitation program for teens.
- Buddy, Book and Blanket project which provides "care packages to area children in crisis.
- Collect and donate used clothing and canned food to the Salvation Army and the local food pantry.
- Provide pet food and litter to the local SPCA.
- Creating baby bags for new moms in need.
- Wellness program in the schools plus a lecture series with guest speaker in medical/wellness field.
- Plan events for nursing homes, including luncheons.
- Sponsor in conjunction with the Sheriff's Department, the WHALE (We Have A Little Emergency" Program car seat identification
- Provide sporting events for the physically challenged.

Just a few of the many ways we can reach out to our communities.

BASKET RAFFLE!!

If you have attended AAHV Conferences in the past, you know how much fun the Basket Raffle is. **HOWEVER IT WON'T BE MUCH FUN WITHOUT YOUR HELP.**

PLEASE encourage your organization to donate a basket or other item for this raffle. Sometimes we have items from your Gift Shops or Gift Certificates for shopping or events in your area. The baskets might be filled with goodies from your area, or baby items, pet items, movie nights, chocolates or any other themes you can imagine.

They can be from your organization or just a few individuals who want to put something together. Information is in your Registration Packet and also available on our web site at www.aahv.org.

COMMUNITY SERVICE AWARDS

Shirley Nash - Co. Chairman
Dee Huether - Co-Chairman

Shirley and Dee report that all the GLAD AWARD nomination forms have been sent to the member hospitals. The nomination forms are due to be returned by September 15th, and a selection committee formed by people who have no connection with any hospital or Auxiliary will meet to select the recipient of this award.

Also at this time there are 3 applications submitted for the Community Service Award to be presented at the Conference.

NOMINATING COMMITTEE REPORT

Glenna Smith - Past-President

The Nominating Committee: Marlene Miller, Sierra Vista Regional Health Center, Susan Hoeft, John C. Lincoln Hospital - North Mountain, Amy Woodbeck, CHW East Valley Volunteers and Chair Glenna Smith, AAHV Past President are proudly and respectfully presenting this slate of officers for 2011 to be voted on at the October Conference:

PRESIDENT - Brenda Piccone
Tucson Medical Center

PRESIDENT-ELECT - Mary Anne Carter
John C. Lincoln Hospital

SECRETARY - Lee Swearengin
Sierra Vista Regional Healthcare Center

TREASURER - Irene Dailey
Carondelet St. Mary's Hospital

Nominations will also be accepted from the floor. Please make sure that you have the permission of the person you wish to nominate.

BY-LAW CHANGES

AAHV By-law changes to be voted on at the October Conference by the membership:

CHANGES UNDERLINED

ARTICLE 3.3 MEMBERSHIP

A healthcare volunteer who wishes to be involved in AAHV, but whose facility does not have a member Auxiliary, Service League or Department, or a "volunteer group" may apply for individual Associate Membership at a minimal annual fee.

Although the individual would not be a representative of a larger group, he/she would be able to hold a Board/Officer position and be able to vote and participate in AAHV in all ways.

Article 6.6 -VOTING

Each **individual** member shall have one (1) vote on all matters submitted to a vote of all members.

HEALTHCARE ORGANIZATION NEWS

CARONDELET ST. JOSEPH'S HOSPITAL - TUCSON

Barbara Risch, Auxiliary President

Summer is in full swing here in Tucson and everyone's pleas for rain have finally resulted in some respite from the summer heat, for which we are all very thankful. Summer also meant that many of the snow-bird volunteers flew to cooler parts, but thankfully, the hospital has had 32 junior volunteers to help fill the void in the missing volunteer positions. We are so grateful for their help.

On July 22, a volunteer luncheon was held at the Lotus Garden with 55 volunteers attending. Several door prizes were raffled and a 50/50 raffle was held with one half of the cash staying in the Auxiliary fund.

Plans are underway for a Carondelet St. Mary's Auxiliary and St. Joseph's Auxiliary joint luncheon to be held on Sunday, October 24th at the Savoy Opera House in honor of it being 130 years since the Sisters of St. Joseph made their way to Tucson and founded the Carondelet St. Mary's Hospital - the first hospital in the city of Tucson

The Arts & Crafts volunteer ladies had taken the summer off, but have now been called back to resume their crafts in preparation for the big Craft/Bake Sale scheduled for November 30th to be held in the St. Joseph's Auditorium for all who are interested in purchasing crafts and goodies for the holiday season.

We extend our heartfelt condolences to our Supervisor of Volunteer Services, Laura Branton, on the loss of her mother here in Tucson.

Roger Coonts, Director of Volunteer Services for all the Carondelet Hospitals, was recently interviewed on Channel 4 television regarding volunteerism. He made a

special plea for additional volunteers at all the hospitals, especially for the Information Desks and the Gift Shops.

Our Auxiliary Board has taken a recess over the summer, but will resume their monthly meetings on September 14th.

We hope that everyone had a wonderful and restful summer and have plans for an exciting year.

CARONDELET ST. MARY'S HOSPITAL

Irene Dailey, Auxiliary President

A few years ago, our Auxiliary donated approximately 66 thousand dollars toward Healing Gardens in our Hospital. This donation was a part of a larger annual donation that we gave to the Carondelet Foundation. It now appears there will be three gardens in the near future.

The first garden will be on the third floor and will be the "Kids Corner Garden." This garden will be especially designed for children. It will feature some tables and chairs where children can create their own artwork, a play and exercise area and more.

In addition there are plans for two more gardens. These gardens will be on the first floor and are on each side of the critical care unit.

The "Worship Garden" which will feature Our Lady of the Lourdes statue, celestial sky mural on the ceiling of the covered area, multi-sensory plant materials and trees, plus much more.

Some highlights for the "Oasis Garden" are a water sculpture, intimate seating, multi-sensory plant materials, trees and much more.

Of course, the cost will be more than the money we already donated, but at least this is a good start!

Jane Locke, our Newsletter Editor will be on the committee for the "Kids Corner Garden." Since Jane was a teacher for many years and has been here at St. Mary's for many years, she will be able to use her expertise to make this garden extraordinary.

We hope that one or more of these gardens will be complete when we have the next AAHV meeting at our Hospital....

CASA GRANDE REGIONAL MED. CENTER - CASA GRANDE AZ.

Luisa Zais, Auxiliary President - CGRMC

Hi everyone! Well, here we are in the middle of summer and CGRMC is still going strong. Our winter visitors have gone back to their homes for the summer, but we have stayed busy and we keep growing.

We welcomed a new Volunteer Coordinator, Kaitie Doll this summer and look forward to working with her. We are also preparing for our popular golf tournament in October; this is a big fundraiser for our Ways and means committee.

September 14th will be our next Auxiliary General meeting and it will be a great event. We get to say "hi" to everyone and catch up on what's been happening. We will pass out our service pins for hours served, and not only is it rewarding, but amazing how many hours some of our volunteers give to the hospital.

We have been refurbishing the Med/Surg .area, and it will be a showcase for patients and staff (and volunteers, of course) once it is complete in the fall. Vendor

sales are quite active here and we are reaping some good donations as a result, which will assist us in our Ways and Means purchases for next year.

Skip Simes is now our President Emeritus and we can't end without a huge thank you for a job over and above great. He left me some pretty big shoes to fill (metaphorically speaking, of course).

See you in Prescott in October.

CATHOLIC HEALTH WEST - EAST VALLEY

Chandler Regional Medical Center - Chandler, AZ

Mercy Gilbert Medical Center- Gilbert, AZ

Article submitted by Amy Woodbeck

It has been a hot Arizona summer, but nothing is hotter than the work of the CHW East Valley Volunteers! We have been very busy!

Our new Executive Board was installed July 1, 2010, and immediately set upon finding ways to further improve their service to the Volunteers. Their focus for the coming year is "WHAT CAN WE DO BETTER? The Executive Board held their annual retreat at the beginning of July where they shared ideas and created specific follow up actions for the current fiscal year (July 2010 - June 2011) Specific areas of focus include:

Branding - this will entail obtaining a logo for the CHW East Valley Volunteers, among other activities to acknowledge, recognize and define volunteers - who they are , what they do and how they contribute to the overall success of our healthcare organization.

Scholarships - this will entail defining the mission regarding the awarding of scholarships and increasing the amount of money dedicated to this important endeavor.

Communication - the Executive Board defined their theme and created a "Building Community for Volunteers" Committee. This is seen as a major step in improving communication with and for the Volunteers. This committee includes Team Leaders and some general membership Volunteers

Our 2010 Summer Volunteer Program was a great success! There were 109 Volunteers involved in this year's program. After a summer of service to their community, they participated in the "Volunteers' Graduation Night". Each was presented with a certificate, a copy of their hours, a letter of recommendation and a gift as a token of our appreciation for all of their hard work. This program has proven to be a tremendous success - a true win-win situation! The teens gain invaluable experience, exposure and opportunity, and the patients, the hospitals and the community benefit from their hard work, dedication and enthusiasm. This is an extremely beneficial program, and we are very proud of it!

Our scholarship committee - led by Sherry Simonek did a fantastic and thorough job of interviewing and awarding over \$46,000 in scholarships. The Scholarship Committee awarded 29 scholarships on behalf of CHW East Valley Volunteer Services. They had candidates who were "cream of the crop," and it was very difficult to determine the winners. Each candidate was required to have at least a 3.0 grade point average, be pursuing a career in a

healthcare field and attending or planning to attend a school in the State of Arizona. The process included an interview with three members of the Scholarship Committee. Each candidate was asked six questions; they were then scored on how they answered. A maximum of 25 points could be scored....and many of them there did just that. Difficult decisions were made as the scholarships were awarded. This is one of the many gratifying services CHW East Valley Volunteer Services accomplishes each year!

COBRE VALLEY REG. MED. CENTER AUXILIARY
GLOBE, AZ.

Dianne Campbell, Auxiliary President
Submitted by Jane Allen, Community Relations Coordinator

Summer is coming to a close and it's time to report on our latest projects.

In June, the Auxiliary participated in a Customer Service Workshop designed to hone and improve out interpersonal skills. Everyone enjoyed it and felt that it was a very valuable exercise.

We have awarded three mini grants.:

- To Material Management, a motorized material handling cart
- To Med/Surg. and the ICU Department, a utility cart and six pedestal fans for patient use and comfort
- To the Emergency Department, a portable bariatric wheelchair scale.

We are happy to be able to make these grants for "extras" that are not in the budget.

We have voted to increase by one the number of scholarships we award to graduating seniors who plan a career in a medical field. We plan to double the amount of each award as well.

A new Student Volunteer Program which will run each summer has been implemented. We had two students who were rotated through all departments and services of the Hospital. Preliminary reports show it to have been a success with students and departments, and we already have requests for next summer.

With our new Hospital name, we needed a new Auxiliary logo. It has been designed and will be in the form of patches which can be applied to our existing jackets - making it unnecessary for us to buy new ones.

Our sale - "Christmas in July" - exceeded our expectations and we were overjoyed, especially in view of the current economic climate.

A gift from the local Wells Fargo Bank of a stuffed pony was the basis of a summer raffle. Each child between the ages of one and ten who was a patient (in ER, OR, Med/Surg. or for labs or imaging) was entered in a drawing for the pony. There was no cost to the patients or the Auxiliary and it gave us all a good feeling (as well as good PR). Our thanks go out to Wells Fargo for this terrific donation!

We are looking forward to October and the AAHV Conference and hope to see you all there.

JOHN C. LINCOLN - DEER VALLEY HOSPITAL
Submitted by Linda Llewellyn, DVS

John C. Lincoln - Deer Valley is beginning a journey toward Magnet designation. Our North Mountain hospital has been a Magnet nursing hospital for many years and was redesignated last year.

The Magnet Recognition Program was created in the 1990s by the American Nurses Credentialing Center in order to advance three goals:

- Promote quality in a milieu that supports professional practice.
- Identify excellence in the delivery of nursing services to patients/residents practices" in nursing services.
- Provide a mechanism for the dissemination of "best practices "in nursing services.

Magnet designation is considered a "seal of approval" for "Quality nursing care ", thus providing customers with the ultimate benchmark to measure the quality of care that they can expect to receive. As a natural outcome of this, the program elevates the reputation and standards of the nursing profession. We are looking forward to the challenge so that we can ensure the highest level of nursing care.

We had a great summer with 75 teen volunteers providing additional service and support while school is out. It's a great change to have teens interacting with our adult volunteers and our weekday staff. They bring such energy and enthusiasm. We look forward to many being able to continue during the school year in our year round program.

The Deer Valley volunteers awarded \$18,000 to 10 scholarship recipients pursuing undergraduate healthcare education in the state of Arizona. The Scholarship Team of volunteers hosted a reception for the recipients so that they could get to know them and receive feedback on the application process.

The volunteers across the John C. Lincoln Health Network were thanked in a whole new way in August. The volunteers were the recipients of Diamondbacks baseball tickets for either the August 7th or 8th game against the Padres. The donation was generous enough to be able to offer each volunteer up to 6 tickets so that they could include their family and friends. Diamondback wins will really make it an event to be enjoyed.

MARYVALE HOSPITAL VOLUNTEER, INC.

Submitted by Wendy Enos, Maryvale Hospital Volunteer

After a few months of as many delays, the Maryvale Hospital volunteers finally made it to their appreciation luncheon, held on July 28th in the hospital dining room. It was a fun morning of visiting, getting to know our new volunteers a little better, and a delicious brunch served by Veronica Plapp and her Food Services staff. Then came the presentation of certificates and pins commemorating service through the end of 2009.

During the meal and at what intervals time permitted, door prizes were distributed. The Maryvale community had been amazingly generous in contributing valuable gift cards, fitness club memberships and merchandise donations. Nearly everyone present took home a prize of some sort, and the whole affair was a huge success.

The new Director of Volunteers, Joanne Menglekamp was the specially honored guest. She pledged to support the volunteers any way she can, as she looks

forward to working with them.....The feeling is very much mutual.

Mogollon Health Alliance Auxiliary Volunteers

Article submitted by Carol La Valley
Assistant/Grants Writer – Mogollon Health Alliance

NO IDLE HEARTS

“Can you tell me what room my father is in?” “Did I miss the surgeon?” “I want to become a physical therapist.” “Our fire fighters need continued training.”

These sentences have one thing in common: the Pink Ladies and Men in Maroon of the Mogollon Health Alliance Auxiliary have been there to answer them for more than five decades in Payson – before there was a formal hospital auxiliary – and through three hospital name changes.

Helen Bates, now an emeritus member, wrote in her poem, “The Pink Ladies” in the mid-1980s:

Who are those ladies out in the hall
Quietly hurrying to service one and all?
Dressed in pink jackets, neat as a pin,
Giving a service of love from within.

Auxiliary service hours since Bates wrote her poem total more than a half million – pretty incredible for a town with a population that is just now breaking 15,000.

These mostly-retired men and women volunteer their time at the information desk, surgery waiting room and in other areas of Payson Regional Medical Center (PRMC). Shoppers at La Boutique, the auxiliary gift store in the hospital lobby will find a smiling volunteer behind the counter ready to help them with a purchase.

It is auxiliary members who sort through the gently used donations to the Almost New Shop, and make the items presentable for bargain hunters six days a week.

Mondays the craft guild is as hard at work as any North Pole elves making crafts to sell at their winter and spring sales.

Auxiliary volunteers are the vitality behind the scenes at the annual Women’s Wellness Forum and Community Health and Care Fair.

The money raised by the auxiliary is awarded annually as scholarships to post high school students in pursuit of health professions (\$20,300 this past April) and training grants to eleven local fire departments (approximately \$20,000 per year.) “The scholarships contribute to the health of our community” volunteer Leona Nelson said.

Nelson has logged more than 4,800 hours since 2002. She recalls helpful candy strippers from her working life as a nurse, but not an auxiliary on the scale of the one in Payson. “You give these hours because you feel that you are helping the public.”

“The Alliance would not be what we are without you, our volunteers, and we are truly blessed to have you here,” Judy Baker, MHA’s CEO said. “I am so proud of each of my volunteers.”

MOUNTAIN VISTA MEDICAL CENTER

MESA, AZ.

Susan Krynn, Senior Manager, Volunteer Services

Diversity is Key in Pastoral Care

Patients come to us daily from every walk of life, cultural background and faith tradition (or no particular faith tradition). The charter of Pastoral Care volunteers is to embrace them all with compassion, understanding and acceptance – key ingredients, along with medical expertise, in a treatment plan for the whole person. Recent initiatives at Mountain Vista Medical Center, Mesa and Tempe St. Luke’s Hospital demonstrate respect for diversity in action.

Mountain Vista Medical Center dedicated The Retreat at Mountain Vista on July 23, 2010. The Retreat is a peaceful environment designed to feel welcoming to all patients, visitors, physicians and staff. Formerly designated as chapel space, The Retreat does not reflect any particular faith tradition but beckons to all who need a few serene moments to reflect, to pray, to grieve or to celebrate.

Visitation appears to have increased significantly since the space was redesigned as The Retreat. Besides patients and family members, staff and volunteers alike are making use of the facility. For example, a Pastoral Care team member recently conducted a memorial service for the loved one of employees, and volunteer ministers regularly meet to pray before rounding on patients.

Pastoral Care is committed to learning more about and ministering to an increasingly diverse population. The Pastoral Care team at Tempe St. Luke’s Hospital regularly visits patients from various faith backgrounds. As part of the volunteer ministry’s ongoing education, the September Pastoral Care meeting will include a guest speaker from the Tempe Human Relations Commission to address diversity issues.

Arizona Volunteer Services has plans to continue promoting respect for diversity. Current initiatives include recruiting ministers from a broad community religious base, ongoing diversity education for volunteers, investigating avenues to address the spiritual needs of healthcare workers from various backgrounds, and strengthening the bonds within the Pastoral Care ministry itself.

NORTHERN COCHISE HEALTH SYSTEM AUXILIARY

Rachel Huber – Auxiliary President

Hello to everyone who is surviving this long, hot summer!!

NCCH is getting a face lift! Our lobby is changing day by day, as well as our Gift Shop, and so many changes in our hospital are yet to come! We will keep you posted on new developments

We won’t be attending the October conference, but are looking forward to seeing some of you at the Southern Regional Meeting in Sierra Vista on September 7th.

SIERRA VISTA REG. HEALTH CENTER
SIERRA VISTA, AZ.

Marlene Miller, Auxiliary President

We are hoping that everyone is having a great summer. Once again—where does the summer go!! September is rolling around very quickly.

We go dark in July and August. We are getting ready to host the AAHV Southern Region Meeting on September 7th here in Sierra Vista. Hope you have all marked the date.

Some wonderful fund-raisers have been held, we had Apparel Pro again in June and it was fabulous, so we are even having them again in September.

We have been open on a Wednesday night in June and another one in July from 4.00pm to 7.00pm. We had some success and are going to this again in August.

Here is a thought for the week:

“One of the secrets of life is to make stepping stones out of stumbling blocks!”

SUMMIT HEALTHCARE VOLUNTEER
SERVICES

Peter Bellone, SHVS Volunteer
Gayle Pierce, DVS

Holy Mole', what a year this has been, and it's racing by really fast. Where did the months go?

We want to get the word out that everyone should get out there and give of their time. Volunteers at our beautiful hospitals provide help for folks who need it, and are more than happy to share their time and talents. Volunteers are the best....no doubt!

We at Summit Healthcare have lots to keep us busy and we work hard to keep up. We have volunteers that come to work in wheelchairs, carry oxygen to breathe, and work a little slower due to aging and other maladies, but we keep working through the snow and storms.

We are around 210 members strong during the summer months, thanks to our summer residents, and produce about 2800 hours of work per month.

Summit treats us well, as our DVS is always looking out for the volunteers who need a little help. We have a picnic every year, one was held on August 11th at the Show Low Park, and we have an annual hospital appreciation luncheon always at a very nice restaurant.

Our DVS is always having little going away parties for retiring members, or just a get-together on her dime....really a great group.

Our volunteers never cease to amaze me with their generosity. We had a member of age who had to move to Tucson to live, so a party was held outside of course, and it was so appropriately done, and shows that folks are folks and caring is caring for each other.

**BE ONE OF THE SPECIAL ONES AND PAY IT FORWARD BY
BEING A VOLUNTEER!!!**

TUCSON MEDICAL CENTER AUXILIARY
Karen Thurman, Auxiliary President

Hello, I hope everyone has had a good summer and tried to stay cool. The construction around TMC is progressing nicely. The foundation is poured for the pediatric wing and the steel structure is up. Ground is being cleared for the new bridge area coming in from Craycroft.

New at TMC: In June TMC was recommended as a HFAP primary stroke center. In July, the pediatric emergency department is now open 24/7, where it wasn't before. This gives families a little piece of mind knowing that there is a doctor available whenever the need arises. In August we held a CMN radiothon put on by radio station 92.9 FM. It raised a lot of money with all the proceeds staying right here at TMC, to support wellness programs and purchase life-saving equipment for TMC children's services

Looking forward to seeing everyone again at the September Southern Region Meeting in Sierra Vista..

VOLUNTEERS!

- “Be the change you want to see in the world”Mahatma Gandhi
- “The person who says it can't be done shouldn't interrupt the person who is doing it”Chinese proverb
- “In helping others, we shall help ourselves, for whatever good we give out completes the circle and comes back to us”Flora Edwards
- “Life begets life. Energy creates energy. It is by spending oneself that one becomes rich”Sarah Bernhardt
- Courage doesn't always roar. Sometimes courage is the quiet voice at the end of the day saying, “I will try again tomorrow....Unknown
- “How far you go in life depends on your being tender with the young, compassionate with the aged, sympathetic with the striving and tolerant of the weak and strong. Because someday in life, you will have been all of these”George Washington Carver